



**16 and 15's Team Quick Fact Sheet**

<p><b><u>16/15's Uniform Package:</u></b></p> <p>Warm up top and bottom</p> <p>3 high performance jerseys ( 2 half and 1 long sleeve )</p> <p>1 hooded sweat shirt for the player</p> <p>2 spandex shorts</p> <p>1 sweat pants</p> <p>1 pair of shoes</p> <p>1 pair of knee pads</p> <p>1 backpack</p> <p>1 club vip water bottle</p> <p><b><u>November 14<sup>th</sup> Commitment Night</u></b></p> <p><b>Place: Address: Lifestyles Rx : 1119 E Stanley Blvd.</b> Livermore, CA    Time: 6-7:30pm</p> <p><b>What to Bring:</b></p> <ol style="list-style-type: none"> <li>1 Acceptance Package (completed and signed)</li> <li>2. Credit Card (payment for November Deposit)</li> <li>3. Letter of Commitment (completed and signed)</li> <li>4. Uniform Sizing Information (completed)</li> </ol>	<p><b><u>16/15's League Package:</u></b></p> <p>4 hour private rules clinic, refereeing and scorebook.</p> <p>7 Power League Tournaments</p> <p>California Kick Off</p> <p>Far Westerns Tournament</p> <p>Presidents Day Tournament</p> <p>SCVA National Qualifier</p> <p>NoDinx Open Tournament</p> <p><b><u>Practice and Training:</u></b></p> <p>2 practice 2 days a week</p> <p>1 hour of performance training per week by Lifestyles Rx for 20 weeks</p> <p><b><u>*Travel Fee's:</u></b> Parents are responsible for making their own travel reservations, food and lodging themselves, flights, stay, transportation and food. <b><u>The Coaches travel, food, and stay is covered in the club fee.</u></b></p> <p><b><u>16/15 Power Team Cost:</u></b> \$2580.00 (We offer flexible payment plans, and we accept credit cards)</p> <p>Lifestyles Training: \$200.00</p> <p>Travel: \$770.00( covers players travel and stay)</p> <p>If you pay by credit card there will be a 5% transaction fee added to the payments.</p>
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16/15 Power League		<p><b><u>First Day Of Practice:</u></b></p> <p><b><u>Thursday November 17th at Lifestyles RX from 6 - 8pm</u></b></p> <p><b><u>Last Day of Practice:</u></b></p> <p><b><u>Thursday June 14<sup>th</sup> at Pleasanton Middle School from 5:30-7:30pm</u></b></p> <p><b><u>Please keep in mind that gym time is subject to change due to availability.</u></b></p> <p><b><u>Contact info:</u></b></p> <p><b><u>Ted Babu</u></b></p> <p><b><u>Cell: 510-396-4875</u></b></p> <p><b><u>Email: <a href="mailto:ted@clubviponline.com">ted@clubviponline.com</a></u></b></p> <p><b><u>Website: <a href="http://www.clubvipvbc.com">www.clubvipvbc.com</a></u></b></p>
California Kick Off	Jan-15 and 16	
Qualifier - Day 1 & 2 *Possible travel to Sacramento	February 4-5	
<a href="#">No Dinx / NCVA President's Day Tournament</a>	February 18-20,	
League #1	Feb - 26	
<a href="#">2011 GIRLS JUNIOR NATIONAL QUALIFIER in LA *Travel</a>	March 16-18	
League #2	Mar - 24	
League #3	April - 14	
<a href="#">No Dinx / NCVA Far Western National Qualifier Tournament in Reno *Travel</a>	April 27-29, 2011	
Region Champ. - Day 1 & 2 *Possible travel to Sacramento	May 5-6 (16's), 12-13, 19-20.	
<a href="#">No Dinx / OPEN</a>	June 16-18	
Practice Day 1: Mondays 7-9pm	Address: Pleasanton Middle School 5001 Case Ave. Pleasanton, CA 94566	
Practice Day 2: Thursday (Lifestyles Practice 5:30-7pm Training 7-8:00pm)	Address: Lifestyles Rx 1119 E Stanley Blvd. Livermore, CA	