



14 and 13's Team Quick Fact Sheet

14/13's Uniform Package:

Warm up top and bottom

3 high performance jerseys (2 half and 1 long sleeve)

1 hooded sweat shirt for the player

2 spandex shorts

1 sweat pants

1 pair of shoes

1 pair of knee pads

1 backpack

1 club vip water bottle

November 14th Commitment Night

Place: Address: Lifestyles Rx : 1119 E Stanley Blvd.
Livermore, CA Time: 7:30-9pm

What to Bring:

- 1 Acceptance Package (completed and signed)
2. Credit Card (payment for November Deposit)
3. Letter of Commitment (completed and signed)
4. Uniform Sizing Information (completed)

14/13's League Package:

4 hour private rules clinic, refereeing and scorebook.

7 Power League Tournaments

California Kick Off

Far Westerns Tournament

Presidents Day Tournament

Practice and Training:

2 practice 2 days a week

1 hour of performance training per week by Lifestyles Rx for 20 weeks

***Travel Fee's:** Parents are responsible for making their own travel reservations, food and lodging themselves and their child, flights, stay, transportation and food. **The Coaches travel, food, and stay is covered in the club fee.**

14/13 Power Team Cost: \$2450.00 (We offer flexible payment plans, and we accept credit cards)

Lifestyles Training: 200.00

If you pay by credit card there will be a 5% transaction fee added to the payments.

14/13 Power League		<p><u>First Day Of Practice:</u></p> <p><u>Thursday November 17th at Lifestyles RX from 6 - 8pm</u></p> <p><u>Last Day of Practice:</u></p> <p><u>Friday May 11th at Cabernet from 5:00-7:00pm</u></p> <p><u>Please keep in mind that gym time is subject to change due to availability.</u></p> <p><u>Contact info:</u></p> <p><u>Ted Babu</u></p> <p><u>Cell: 510-396-4875</u></p> <p><u>Email: ted@clubviponline.com</u></p> <p><u>Website: www.clubvipvbc.com</u></p>
California Kick Off	Jan-15 and 16	
Qualifier - Day 1 & 2 *Possible travel to Sacramento	February 4-5	
No Dinx / NCVA President's Day Tournament	February 18-20,	
League #1	Mar - 3	
League #2	Mar - 18	
League #3	Mar 31	
No Dinx / NCVA Far Western National Qualifier Tournament in Reno *Travel	April 21-23, 2011	
Region Champ. - Day 1 & 2 *Possible travel to Sacramento	May 5-6 (16's), 12-13.	
Practice Day 1: Tuesday Practice 5:30-7pm Training 7-8:00pm	Address: Lifestyles Rx 1119 E Stanley Blvd. Livermore, CA	
Practice Day 2: Friday Practice 5:00-7pm	Address: Cabernet 6474 Patterson Pass Road Livermore, CA	