



14 and 13's Area Team Quick Fact Sheet

<p><u>14/13's Uniform Package:</u></p> <p>Warm up top and bottom</p> <p>3 high performance jerseys (2 half and 1 long sleeve)</p> <p>1 hooded sweat shirt for the player</p> <p>2 spandex shorts</p> <p>1 sweat pants</p> <p>1 backpack</p> <p>1 Club V.I.P. water bottle</p> <p><u>November 14th Commitment Night</u></p> <p>Place: Address: Lifestyles Rx : 1119 E Stanley Blvd. Livermore, CA Time: 7:30-9pm</p> <p>What to Bring:</p> <ol style="list-style-type: none"> 1 Acceptance Package (completed and signed) 2. Credit Card (payment for November Deposit) 3. Letter of Commitment (completed and signed) 4. Uniform Sizing Information (completed) 	<p><u>14/13's League Package:</u></p> <p>4 hour private rules clinic, refereeing and scorebook.</p> <p>7 Area League Tournaments</p> <p>California Kick Off</p> <p><u>Practice and Training:</u></p> <p>2 practice 2 days a week</p> <p>1 hour of performance training per week by Lifestyles Rx for 20 weeks</p> <p><u>*Travel Fee's:</u> Parents are responsible for making their own travel reservations, food and lodging themselves and their child, flights, stay, transportation and food. <u>The Coaches travel, food, and stay is covered in the club fee.</u></p> <p><u>14/13 Area Team Cost:</u> \$1950.00 (We offer flexible payment plans, and we accept credit cards)</p> <p>Lifestyles Training: included in club fee</p> <p>If you pay by credit card there will be a 5% transaction fee added to the payments.</p>
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14/13 Area League	
California Kick Off	Jan-15 and 16
Qualifier	Jan 21
League #1	Feb 4
League #2	Mar - 17
League #3	April 1
Region Champ. - Day 1 & 2	May 19-20
Practice Day 1: Tuesday Practice 5:30-7pm Training 7-8:00ppm	Address: Lifestyles Rx
	1119 E Stanley Blvd.
	Livermore, CA
Practice Day 2: Friday Practice 5:00- 7pm	Address: Cabernet
	6474 Patterson Pass Road
	Livermore, CA

First Day Of Practice:

Thursday November 17th at Lifestyles RX from 6 - 8pm

Last Day of Practice:

Friday May 18th at Cabernet from 5:00-7:00pm

Please keep in mind that gym time is subject to change due to availability.

Contact info:

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